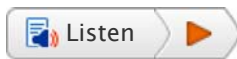


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Safety & Prevention



Diphenhydramine Dosage Table (eg, Benadryl) (Antihistamine)

Child's Weight (pounds)	20-24	25-37	38-49	50-99	100+	lbs
Liquid 12.5 mg/1 teaspoon (tsp)	3/4	1	1 1/2	2	--	tsp
Liquid 12.5 mg/5 milliliters (ml)	4	5	7.5	10	--	ml
Chewable 12.5 mg	--	1	1 1/2	2	4	tablets
Tablets 25 mg	--	1/2	1/2	1	2	tablets
Capsules 25 mg	--	--	--	1	2	caps

Indications: Treatment of [allergic reactions](#), [nasal allergies](#), [hives](#) and itching.

Table Notes:

- **AGE LIMITS:** For allergies, don't use under 1 year of age (Reason: it's a sedative). For colds, not recommended at any age (Reason: no proven benefits) and should be avoided if under 4 years old. Avoid multi-ingredient products in children under 6 years of age (Reason: FDA recommendations 10/2008).
- **DOSAGE:** Determine by finding child's weight in the top row of the dosage table
- **MEASURING the DOSAGE:** Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medication. If you use a teaspoon, it should be a measuring spoon. Regular spoons are not reliable. Also, remember that 1 level teaspoon equals 5 ml and that ½ teaspoon equals 2.5 ml.
- **FREQUENCY:** Repeat every 6 hours as needed
- **ADULT DOSAGE:** 50 mg
- **CHILDREN'S BENADRYL FASTMELTS:** Each fastmelt tablet contains the equivalent of 12.5 mg of Diphenhydramine HCL and dosed the same as chewable tablets

To find a pediatrician, click [here](#).

Last Updated 5/11/2013

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The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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